

# MEDIA ALERT!

FOR IMMEDIATE RELEASE

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## Heritage Victor Valley Medical Group – Your Full Service Health Care Partner

Heritage Victor Valley Medical Group continues to be one of the leading health groups in the high desert, by offering a wealth of health care and services. Their Mission is, "... to continue to provide high quality, compassionate, well-coordinated medical care to the high desert community, and to continue to earn the loyalty and respect of our patients." The expertise and experience of the doctors in Heritage offer commercial and Medicare members personalized care by a staff of skilled professionals as well as a speedy



referral system, a comprehensive panel of specialists to handle all medical needs and a dedicated Member Services team. Members can count on doctors they have known for years, and new doctors are joining Heritage all the time. This means Heritage offers stability as well as growth. Medical Director, Mohinder (Paul) Ahluwalia, M.D., heads the more than 50 Primary Care Physicians and more than 150 specialists on staff. These physicians are headed by and have privileges at most hospitals in the High Desert including Victor Valley Community, St. Mary Medical Center, Barstow Community and Bear Valley Community. Heritage has the widest service area in the High Desert. Patients in Big Bear, Phelan, Victorville, Barstow, Apple Valley, Hesperia, and Adelanto can see a Heritage doctor in an office closest to where they live because of the Heritage Provider Network.

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The face of medicine is changing, with more emphasis being placed on health education and patient wellness. With that in mind, Heritage has been busy expanding its services, including a new Diabetes Education Program, Urgent Care Facility, Baby Program, and Senior Wellness Center.

Registered Nurse, Susannah Meehan, heads the Diabetes Education Program. Susannah has been a part of the Heritage team for the past two years, and her newest venture is heading the program. She is available to take appointments with any Heritage Member and aid them with any questions they have in regard to their battle with diabetes, from how to keep their blood sugar levels under control, diet, appropriate insulin levels and more. Members who are interested in setting up an appointment with Susannah should contact the Heritage Clinic by calling: (760) 553-7000.

In addition, Heritage has also opened up a new urgent care facility located in The Wimble Village at 12408 Hesperia Road, Suite 1 in Victorville. Most traditional urgent care facilities refer you to another location for x-rays, ultrasound services or lab work, but Heritage Urgent Care takes care of all these procedures on site. The urgent care is open from 9:00am – 9:00pm Monday through Saturday, and staffed by experienced Physicians and Certified Physicians, including Casper T. Glenn, M.D.; Magdi Elbassir, M.D.; Christopher Tran, PA-C.; and Anthony Charles Sutton, PA-C. There is no appointment necessary, and all HVVMG HMO members, most PPO plans, Medicare patients, Medi-Medi patients and Cash patients are accepted. Starting January 2, 2011, Heritage Urgent Care will be open 7 days a week, from 9:00am – 9:00pm. The Heritage Baby Program has been going on for the past year, and educates expectant moms on the importance of choosing their child's Pediatrician prior to delivery. As part of the initiative, moms-to-be who sign up with a Heritage physician prior to delivery receive an embroidered Heritage baby blanket and a package of diapers.

Also, a new Senior Wellness Center has recently opened at 15982 Quantico Road, Suite E in Apple Valley, and is an additional resource offered to Heritage members.

The Heritage Conference and Education Center located in The Wimbledon Village at 12370 Hesperia Rd., Suite 13 in Victorville holds the various Doctor Talks, Q & A Sessions, and Support Groups offered by Heritage Victor Valley Medical Group. Support Groups are offered on a regular basis for: Cancer Survivors (every first Tuesday at 2pm), Arthritis (every second Tuesday at 2pm, High Blood Pressure & High Cholesterol (every third Tuesday at 2pm), Congestive Heart Failure & COPD (every fourth Tuesday at 2pm), and Diabetes (every fourth Tuesday at 4pm). Heritage also offers many free annual events to the community, including: a Senior Talent Show, Summer Block Party, Seniors in the Know, and Medicare Open Enrollment Kick-Off events. For information on upcoming events, please visit [www.hvvmg.com](http://www.hvvmg.com).

Heritage Victor Valley Medical Group is located at 12370 Hesperia Road in Victorville. To learn more about the Heritage primary care physicians who are available to the community and all other services, please call (760) 245-4747 or visit [www.hvvmg.com](http://www.hvvmg.com).