

Meet & Greet Party Held by Heritage Victor Valley Medical Group



PHOTOS BY JANET HOGAN

Dr. Wendall Wettstein, M.D. (center) is retiring and will now only do minor procedures and dermatology part time. Pictured with him are Betina Greer, M.D., M.P.H., Beverly Nestor M.D. and Firas Gorges, M. D.

Employees and friends of Heritage Victor Valley Medical Group enjoyed a "Meet and Greet" event, held in January. As part of the event, Dr. Wendell Wettstein announced his partial retirement to part-time status.



Heritage Victor Valley Free Educational Events Offered

Unless otherwise noted, each event will be held in the Heritage Conference Center 12370 Hesperia Rd., Ste. 13, Victorville, CA 92395. Call (760) 245-4747, ext. 496 for more information. Refreshments are served at all events.

• **Doctor Talk - Featuring Arvind Salwan, MD, Thurs. Feb. 4, 10am. Topic: Pneumonia.**

• **SCAN Presentation - Open Enrollment - Thurs., Feb. 11, 2pm.**

• **Aetna Presentation: Open En-**

rollment - Wed., Feb. 17, 12 noon.

• **HealthNet Presentation: Open Enrollment - Fri., Feb. 19, 12 noon.**

• **Doctor Talk - Thurs., Feb. 25, 10am. Featuring Ali Tehrani, MD. Topic: Reconstructive Surgery After Breast Cancer.**

• **Monday Morning Koffee Klub. Every Monday, from 8am-10am.** A meeting place for seniors, retirees and other Heritage community guests to meet and mingle. Starbucks coffee and assorted past-

ries will be served.

• **Wii Fitness for Seniors. Every last Friday of the month at 10am.** Wii Fitness Classes! Free blood pressure & pulse oximetry checks.

• **Support Groups offered by Heritage Victor Valley Medical Group:** Refreshments served at all meetings.

• **Cancer Survivors - Every 1st Tuesday at 2pm in the Conference Center**

• **Arthritis - Every 2nd Tuesday at 2pm in the Conference Center (Feb.**

9 Guest Speaker, "Dr. Sara" Griffin, D.C.

• **High Blood Pressure & Cholesterol - Every 3rd Tuesday at 2pm - Conference Center.**

• **Congestive Heart Failure & COPD - Every 4th Tues. at 2pm - in the Conference Center**

• **Diabetes - Every 4th Tuesday at 4pm, in the Conference Center. (Feb. 23, Guest Speaker Ramesh Bambhania, MD)**