

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 Happy Labor Day! (HVVMG IS CLOSED)	3 10:00am Boomers Insurance Present Care First Health Plan 10:00am Game Day with Kelly	4 10:00am Chair Exercise 11:00am Bereavement Support Group 2:00pm Karaoke with Carolyn	5 9:00am Senior Forum Greiner Buick 2:00pm Diabetes Workshop 2:00pm Card Club	6 9:00am-11:00am Koffee Klub 4:00-8:00 Harvest Moon Dance At the Hilton in Victorville (RSVP required)	7
8	9 9:00am-11:00am Monday Morning Koffee Klub 10:00am Easy Aerobics 11:00am Arthritis Support Group With Community Hospice Of Victor Valley	10 11:00am Alzheimer's Support Group With Valley Crest 2:00pm Chronic Illness Support Group 2:00pm Crochet Circle	11 10:00am Chair Exercise 11:00am 2:00pm Craft Class	12 10:00am Scan Medicare Presentation 10:00am Computer Basics Class with Eric 11:00am Caregiver's Support Group With VNA 2:00pm Scrapbooking Class	13 9:00am-11:00am Friday Morning Koffee Klub 2:00pm Documentary Matinee "Age Of Champions"	14
15	16 9:00am-11:00am Monday Morning Koffee Klub 10:00am Easy Aerobics	17 11:00am Respiratory Support Group With Gentiva Hospice 2:00pm Crochet Circle	18 10:00am Chair Exercise 11:00am Bereavement Support Group with Donna Hague 2:00pm Karaoke with Carolyn	19 11:00am Smoking Cessation Support Group 2:00pm September Birthday Celebration (ALL SENIORS WELCOME)	20 10:00am Scan Medicare Presentation 9:00am-11:00am Friday Morning Koffee Klub 2:00pm Movie Matinee	21
22	23 9:00am-11:00am Monday Morning Koffee Klub 10:00am Easy Aerobics	24 11:00am Healthy Hearts Support Group With Charter Hospice 2:00pm Craft Class (Fall Wreath)	25 10:00pm Chair Exercise 2:00 Jewelry Class with Kelly	26 10:00am Computer Basics With Eric 1:00pm Boomers Insurance presenting Scan Health Plan 2:00pm Woodworking With Josh	27 9:00am-11:00am Friday Morning Koffee Klub 2:00pm Movie Matinee	28
29	30 9:00am-11:00am Monday Morning Koffee Klub 10:00am Easy Aerobics 2:00pm Card Club			<p>All events are FREE TO ATTEND and OPEN TO THE PUBLIC! Must RSVP for a guaranteed seat in Craft and Woodworking Class so we can prepare for enough supplies. Heritage Conference Center 12370 Hesperia Rd., Suite 13 Please RSVP (760) 261-1496</p>		